



February, 2019



Preparing for the In-training Exam and Part I Board Qualification Exams

This month's resident newsletter focuses on ABFAS preparation materials that can help candidates prepare for their In-training Examinations (ITE) or achieve Board Qualification. Both the ITE and Part I Qualification Exams contain two parts, the didactic, which consists of multiple-choice questions, and a Computer-based Patient Simulation (or CBPS) exam.

Residents taking their ITE should reference the In-training Examination Guide for Residency Directors. This resource provides information and requirements for the In-training exams. Here you can read about topics such as:

- Didactic exam structure and subject areas
- CBPS exam structure and subject areas
- Preparing for the exams
- Scoring

Those residents who are taking their Part I Qualification exams should reference the ABFAS Board Qualification Document. This resource provides information on topics such as:

- What does it mean to be Board Qualified?
- Board qualification requirements
- Registering for an exam
- Testing sites
- Scoring
- Fees
- Didactic and CBPS exams structure and subject areas

ABFAS also provides additional materials for candidates to use to prepare for their ITE or Part I examinations. You can find many of them on our Documents page and our Practice Exam and Study Guide page.

How to Prepare for the CBPS Exams

Take the Online CBPS Practice Exam

The CBPS practice exam is designed to help you become more familiar with the functions and navigation of the exam. However, waiting until test day to learn how the exam functions could result in lost time and frustration.

It is very important to become familiar with the following functions before test day:

- Searching the list of selections
- Making selections
- Navigating from tab to tab
- Viewing and zooming images

Access to the CBPS practice exam is unlimited and the more times you practice, the more familiar you will become with the user interface and how the CBPS system responds to entries. This will save you time on each case and will allow you to focus on the content of the case and not how the exam works.

Watch the CBPS Exam Video

ABFAS has developed a video with tips on navigating the CBPS exam, answers to common questions, and how to approach the exam. Be sure to watch the video, "Navigating the CBPS Exam" at: ABFAS.org



How to Prepare for the Didactic Exams

ABFAS Online Study Guide and Practice Exams

The ABFAS Didactic Online Study Guide offers separate Foot and RRA multiple-choice didactic practice exams. We recommend that all residents take the Foot Didactic practice exam as they prepare for their ABFAS In-training Exams (ITEs) and Part I exams. Residents in RRA programs should also take the RRA Didactic practice exam.

The didactic practice exams reflect the format of the ITE and Part I exams as well as the major subject areas that appear on the exam. The practice exams are designed to help residents gain an understanding of the format and type of topics to be expected on the In-training and Part I Exams. However, the practice exams are not designed to be predictive of performance on the actual exams.

After your residency program has registered you for the ABFAS In-training exam, you can access the ABFAS Online Study Guide and CBPS practice exam through the ABFAS website. The sign-in credentials for the study guide and practice CBPS exam are the same as what you use for PRR.



ABFAS Board Certification Examinations Schedule

Registration for the 2019 Spring Part I Examinations is open. You can register online through your profile at ABFAS.org.

Registration is open for the following exams:

- Part I Foot Surgery Didactic
- Part I Foot Surgery CBPS
- Part I RRA Surgery Didactic
- Part I RRA Surgery CBPS

Part I Examinations Important Dates:

February 26, 2019 – Registration Closes **March 5, 2019** – Last Day to Withdraw w/o Penalty **March 12, 2019** – Exam Date

For more information on exams, including dates and fees, visit: ABFAS.org



Join us!

ABFAS will be attending more conferences in 2019 than ever before. If you are attending,

we welcome you to stop by our booth. Join us at the following conferences:

Midwest Podiatry Conference

April 11-13, 2019 Hyatt Regency Chicago Chicago, Illinois

The Western Foot and Ankle Conference

June 20-23, 2019 Disneyland Hotel and Convention Center Anaheim, California

American Podiatric Medical Association – The National

July 11-14, 2019 Salt Palace Convention Center Salt Lake City, Utah

7th Annual ASPS Surgical Conference

August 2-3, 2019 Swissotel Chicago, Illinois



The Resident team at UPMC Pinnacle submitted by Kelly Parks, DPM, PGY-3

Join us!

ABFAS and its DPMs are #footfirst! ABFAS is looking for photos of residents studying, performing cases, interacting with feet, performing on feet, or even just hanging out with other residents. Send your best photos to footfirst@abfas.org so we can share them on social media, in our magazines, and online. We will select a monthly winner with the best photo who will receive a great ABFAS prize and recognition on our Facebook page. Don't forget to share your photos using #footfirstABFAS

Since 1975, ABFAS' mission is to protect and improve the health and welfare of the public by the advancement of the art and science of foot and ankle surgery.

ABFAS.org



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