



ABFAS NEWSLETTER

for Board Qualified Candidates

April, 2019

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Preparing for Board Certification: Successful CBPS Preparation

Take the Online CBPS Practice Exam

The [CBPS practice exam](#) is designed to help you become more familiar with the functions and navigation of the exam. However, waiting until test day to learn how the exam functions could result in lost time and frustration.

It is very important to become familiar with the following functions before test day:

- Searching the list of selections.
- Making selections.
- Navigating from tab to tab.
- Viewing and zooming images.

Access to the [CBPS practice exam](#) is unlimited and the more times you practice, the more familiar you will become with the user interface and how the CBPS system responds to entries. This will save you time on each case and will allow you to focus on the content of the case and not how the exam works.

Watch the CBPS Exam Video

ABFAS has developed a video with tips on navigating the CBPS exam, answers to common questions, and how to approach the exam. Be sure to watch this video, "[Navigating the CBPS Exam](#)" before exam day.



When Taking the CBPS Examination

Consider the relevant aspects of patient management such as case history, physical examination, imaging, labs, diagnostic procedures, diagnosis, treatment, and in some cases, follow-up diagnoses and treatments. For example, if you are hesitant about whether a procedure is warranted, you should make the decision based on clinical indications.

Case-focused physical examinations and patient work-ups are as important as diagnosis and treatment. While collecting patient information, you must balance thoroughness with efficiency, as well as balancing quality versus quantity. Only information that is specific to the problem that is presented in the case should be selected. Since there are a limited number of choices, it is important to be very specific to demonstrate that you have the ability and knowledge to manage the case in an appropriate manner.

Common CBPS Mistakes to Avoid

Jumping to a Diagnosis and Treatment

A common mistake made on the CBPS exam is to jump to a diagnosis and move to treatment without providing evidence that the diagnosis and treatment were selected in a thoughtful manner. For example, seeing an image of a patient with a bunion and deciding to take an x-ray and then do a procedure would be a mistake. We need to know that you performed an appropriate case-focused physical examination. This must be demonstrated by selecting the physical examination options that relate specifically to the problem presented and/or support the determination of a diagnosis and treatment plan, where applicable.

Not Providing a Case-focused Work-up

Working up the patient to prepare the patient for surgery is not the purpose of the examination. The purpose is to come up with a diagnosis and a treatment plan that is pertinent to the case itself. As case-related evidence is gathered, you should use it to determine any other evidence that may be needed for the diagnosis and treatment of the case. There are only 10 selections each for physical examination, imaging, and diagnostic procedures, so it is important to focus on the management of the case, not the surgical work-up.

For additional CBPS resources, including instructions for the CBPS Practice Exam [click here](#).



Preparing for Board Certification

ABFAS has produced multiple resources to help you achieve Board Certification. All of these detailed documents provide you with information on requirements, details about your exams, what to expect on exam day, and practice exams.

The [ABFAS Board Certification document](#) provides details of Case Review Requirements along with samples of the documents you will submit for a successful case review. It is important that all Board Qualified surgeons continue to log in PLS until you have completed a successful case review.

The [Board Certification document](#) also contains information about common mislogging errors. Mislogging is one of the most common mistakes that can impact candidates from passing Case Review.

The Board Certification Document provides information and requirements for the Part II Board Certification exams. Here you can read about topics such as:

- What does it mean to be Board Certified?
- Registering for an exam
- PLS case logging
- Required procedures
- Case documentation and Case Review
- Results
- Fees

Again, we encourage you to continue to log your cases in PLS until you successfully complete case review.

You can find the ABFAS Board Certification document on [ABFAS.org](#) under "Resources" and "[Documents](#)."

If you have any questions regarding examination prep materials, please email us at info@abfas.org

2019 Stone Award Winners

On February 14, ABFAS held our 45th Annual Meeting in New Orleans. It was there that Board President Danny J. Choung presented the 2019 Stone Award winners.

The Stone Awards, focusing on outstanding professional conduct, are named in honor of Michael Stone DPM. Dr. Stone served the Board of Directors in many roles, including president in 2002-03. He left a legacy of commitment to elevating the standard and quality of foot and ankle science and education. With his outstanding devotion to his patients, he was the embodiment of professional conduct, respect, and ethics in surgical medicine.

The Stone Awards recognize a graduating senior from each of the nine podiatry colleges or schools who exemplify the highest standards of professionalism, deportment, and ethics in the student's own interactions with peers, patients, professors, and staff.

ABFAS is proud to congratulate **Ryan Lerch** from the Arizona School of Medicine at Midwestern University, **Elizabeth Ansert** from the Barry University School of Podiatric Medicine, **Nassim Natalie Tabrizi** from the California School of Podiatric Medicine at Samuel Merritt University, **Jeanne Marie Louise Mirbey** from the Des Moines University College of Podiatric Medicine and Surgery, **Bethany J. Hine** from the Dr. William M. Scholl College of Podiatric Medicine at Rosalind Franklin University of Medicine and Science, **Chandler Ligas** from the Kent State University College of Podiatric Medicine, **Caroline Tippett** from the New York College of Podiatric Medicine, **Lauren M. Christie** from the Temple University School of Medicine, and **Jeffrey R. Sanker** from the Western University of Health Sciences College of Podiatric Medicine.



Front Row (L-R): Jeffrey R. Sanker, Nassim Natalie Tabrizi, Chandler Ligas, and Caroline Tippett
Back Row (L-R): Lauren M. Christie, Elizabeth Ansert, Jeanne Marie Louise Mirbey, Bethany J. Hine, and Ryan Lerch

Profile Page Updates

This month, ABFAS is adding your residency program information to your profile page. You can find this information on your main profile page underneath the "2019 Spring Exam Result" field. Please take a moment to log into your profile page to ensure all of your residency program information is correct. If you have found an error, please email us at certifications@ABFAS.org

You can log into your profile page [here](#). If you have forgotten your password, [click here](#).

ABFAS Board Certification Examinations Schedule

Registration for the 2019 Spring Part II CBPS Examinations is open. You can register online through your profile at [ABFAS.org](#)

Registration is open for the following exams:

- Part II RRA Surgery CBPS
- Part II Foot Surgery CBPS

Part II CBPS Important Dates:

- April 25, 2019** – Registration Closes
- May 2, 2019** – Last Day to Withdraw w/o Penalty
- May 9, 2019** – Exam Date

For more information on exams, including dates and fees, [click here](#).

Join us!

ABFAS will be attending more conferences in 2019 than ever before. If you are attending, we welcome you to stop by our booth.

Midwest Podiatry Conference

April 10-13, 2019
Exhibit Hall: April 10-12, 2019
Hyatt Regency Chicago
Chicago, Illinois

The Western Foot and Ankle Conference

June 20-23, 2019
Disneyland Hotel and Convention Center
Anaheim, California

American Podiatric Medical Association – The National

July 11-14, 2019
Salt Palace Convention Center
Salt Lake City, Utah

7th Annual ASPS Surgical Conference

August 2-3, 2019
Swissotel
Chicago, Illinois



ABFAS Profile Update

ABFAS reminds you to log into your profile and confirm all contact information, including email address and mailing address is up to date. Please also confirm that all licenses are up to date.

To update your license information, email your license information to licenses@abfas.org or you can fax your information at 415-553-7801.

Safe Sender

ABFAS will find all communication to find its way to your inbox. Please add info@abfas.org, updates@abfas.org, and scheduling@abfas.org to your safe sender list to ensure that all of our emails arrive in your inbox and not in "spam".

Since 1975, ABFAS' mission is to protect and improve the health and welfare of the public by the advancement of the art and science of foot and ankle surgery.

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